

Weekly menu

Week 1

Iwade & Bobbing

Monday

Tuesday

Wednesday

Thursday

Friday

Dish of the Day

Cheese & Tomato Pizza

Jacket potato Bar

Roast turkey, stuffing & gravy

Chicken Curry

Salmon fishcake or pork sausages

Pork cowboy casserole

Vegetarian

Soya Mince Bolognese

Quorn Sausage

Cheese, leek & potato pie

5 bean chilli & tortilla shards

Roasted Vegetable & cheddar Frittata

Side

Penne pasta

Mashed potato

Roast potatoes

Brown & white rice

Chips

Vegetables

Sweetcorn

Savoy cabbage

Broccoli

Green beans

Peas

Salad Selection

Green beans

Carrots

Salad selection

Baked beans

Dessert

Apple goodie
Daily bake

Rice Pudding & Jam
Yoghurt
Daily bake

Ice Cream/Mousse
Daily bake

Upside-down fruit sponge
Daily bake

Chocolate cookie
Daily bake



Weekly menu

Week 2

Iwade & Bobbing

Monday

Tuesday

Wednesday

Thursday

Friday

Dish of the Day

Macaroni cheese

Minced beef & vegetable pie

Roast gammon & gravy

Meatballs in tomato sauce & sub roll

Battered cod

Vegetarian

Vegetable Biryani

Roasted pepper, cheddar & broccoli Strudel

Vegetable hot pot

Falafel & tomato sauce & sub roll

Vegetable burger, apple & red cabbage slaw

Side

Mashed potato

Roast potatoes

Rice

Chips

Vegetable

Green beans

Savoy cabbage

Winter vegetable medley & broccoli

Green beans

Peas

Sweetcorn

Carrots

Salad selection

Baked beans

Dessert

Flapjack
Daily bake

Ginger sponge
Daily Bake

Fruit jelly & Cream
Daily bake

Fruit crumble
Daily bake

Ice cream/mousse
Daily bake



Weekly menu

Week 3
Iwade

Monday

Tuesday

Wednesday

Thursday

Friday

Dish of the Day

Margherita
Pizza

Sausages

Roast pork loin,
apple sauce &
gravy

Chicken &
tomato pasta

Fish fingers

Vegetarian

Soya mince
chilli

Shepherdess
pie

Vegetable grill

Butternut
squash &
aubergine curry

Broccoli &
tomato quiche

Side

Baked potato
wedges

Parsley mash

Roast potatoes

Brown & white
rice

Chips

Vegetable

Broccoli
Salad selection

Savoy cabbage
Sweetcorn

Carrots
Braised red
cabbage

Cauliflower
Green beans

Peas
Baked beans

Dessert

Frozen fruit
smoothie
Daily bake

Jam tart &
custard
Daily bake

Gingernut
cookie
Daily bake

Fruit jelly
Daily bake

Banana cake
Daily bake

