

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.
Toast 1. 3.	Toast 1. 3.	Toast 1. 3.	Toast 1. 3.	Toast 1. 3.
Preserves	Preserves	Preserves	Preserves	Preserves
	Pancakes	Muffins	Bacon Roll	Fruit Bread
	1. 3. 9.	1. 3. 7.	1. 3.	1. 9.

Week 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.
Toast 1. 3.	Toast 1. 3.	Toast 1. 3.	Toast 1. 3.	Toast 1. 3.
Preserves	Preserves	Preserves	Preserves	Preserves
	Muffins	Waffles	Bagels	Crumpets
	1. 3. 7.	1. 3. 7. 9. 15.		1. 9.

Week 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.	1. 13. 14. 16.
Toast 1. 3.	Toast 1. 3.	Toast 1. 3.	Toast 1. 3.	Toast 1. 3.
Preserves	Preserves	Preserves	Preserves	Preserves
	Waffles	Pancakes	Bacon Roll	Bagels
	1. 3. 7. 9. 15.	1. 3. 9.	1. 3.	

Allergens				
1 Wheat Gluten	2 Crustaceans	3 Soyabean	4 Mustard	5 Sesame
6 Sulphites/ Sulphur Dioxide	7 Milk	8 Fish	9 Egg	10 Peanut
11 Mollusc	12 Celeriac/ Celery	13 Nuts	14 Oat Gluten	15 Lupins
16 Barley Gluten				