

Dear Parents and Carers,

We are writing to you today to share the updates regarding Covid19 and how it affects school life.

As of the 24th February 2022, there is no longer a legal requirement for those with Covid infection to self-isolate. However, anyone with symptoms or a positive test result are **advised to stay at home** and avoid contact with other people.

The guidance

[COVID-19: people with COVID-19 and their contacts - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/guidance/covid-19-people-with-covid-19-and-their-contacts) also covers people who live in the same household or who have had close contact with someone who has Covid.

- Contact tracing has now ended
- Contacts are no longer required to self-isolate or advised to take daily tests
- Anyone with the 3 main symptoms – loss of smell or taste, continuous cough, high temperature - of Covid should **order a PCR test** and stay at home, avoiding contacting with others whilst waiting for the test result.

Other symptoms linked with Covid include shortness of breath, fatigue, loss of appetite, muscle aches, sore throat, headache, stuffy or runny nose, diarrhoea, nausea and vomiting. However, these symptoms may also have another cause.

Anyone with a positive test result should stay at home and avoid contact with other people. Many people will not be infectious after 5 days. An LFD test can be taken from 5 days after symptoms started/day of the test if asymptomatic, followed by another LFD the next day.

Children who test positive with Covid

- Should not attend school whilst infectious
- Take an LFD from 5 days after their symptoms started/day test taken if asymptomatic. If both tests are negative, they can return to school if well enough to do so and they have no temperature
- The school can refuse to accept pupils where they are a confirmed or suspected cases of Covid where the parent/carer insists they attend

Children who live with someone who has tested positive

- Children should continue to attend school as usual.

Action to be taken when a child has possible Covid symptoms in school

- We will contact you to come and collect your child as soon as possible
- It is advised that the child should be taken for a PCR test and wait at home until the PCR test result comes back. If the result is positive the child should remain at home until they are no longer infectious.

We hope that this provides clarity to the Government changes and guidance.

Kind Regards

Timu Academy Trust



Iwade School
School Lane
Iwade
Sittingbourne
Kent
ME9 8RS

t: 01795 472578

e: iwade.office@timu-mat.org.uk